



Prevent injury, Speed recovery, enhance performance.
Professional sport and remedial massage therapy in Shrewsbury
179 Monkmoor Road, Shrewsbury, SY2 5BE
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Directions to the clinic...

RESTORE is located at 179 Monkmoor Road, SY2 5BE where we share parking and a comfortable clinic with Severn Chiropractic. Near to the Police Station and almost opposite to the Post office, CO-OP and other local shops. The clinic is a large house with gravel parking areas bordered by a low brick wall, just before the junction to Judith Butts Lane.

We can be accessed easily from a number of main directions:

1. Coming from the town centre, turning left onto Monkmoor Road from the traffic lights mid -way along Abbey Foregate.
2. From the Ring Road (Bage Way A5112) By turning left at Crowmere Roundabout to gain Monkmoor Road via Racecourse Crescent (turning Right at the end). In both these first two examples the clinic can be found on your left as per the above indications.
3. If coming from the A49 or battlefield area pick up Woodcote Way (towards the police station) at Telford way Roundabout taking the third exit at the next island to gain Monkmoor Road. The clinic will be on your right just after you pass the Post Office, CO-OP etc... on your left.

Parking:

Ample FREE street parking can be found on Judith Butts **Gardens** and Abbots road approximately 1 minute walk from the clinic. Please AVOID parking opposite the COOP or on Judith Butts Lane. Although there are parking areas outside the clinic these will mostly be catering for the busy Chiropractic clinic next door and will seldom be available.