

(BE SURE TO ONLY PRINT PAGES 1 & 2. Alternatively follow this link to complete the form online: <https://forms.gle/BXHgYf5M3vyLw7xA8>)

Covid-19 Screening

Client Full Name.....Dob.....

Q1. Have you ever been tested for Covid-19 Yes No

Q2. If yes, were you hospitalised? Yes No

Q3. Are you currently taking medication for Covid-19? Yes No

If you have answered Yes to either Q2 or Q3, treatment can proceed once GP approval has been granted.

Q4. Have you or any of your household been contacted by the Test and Trace Team and advised to self-isolate? Yes No

If yes, the treatment can only take place once the period of self-isolation has been completed.

Do you currently have any of the symptoms of COVID-19?

High temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) Yes No

New, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual) Yes No

Loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to usual Yes No

Are you considered to be in the High-Risk Group that was shielding? Yes No

If Yes, treatment can proceed once GP approval has been granted.

KEY INFORMATION FOR ATTENDING YOUR APPOINTMENT

Changes to bookings & practice format:

Please be aware you must have filled out the COVID-19 pre-screening questionnaire prior to attendance

- **STANDARDISED TREATMENT DURATION**

All appointments will now be 40min long including first consultations for new patients.

- **PRE-TREATMENT SCREENING QUESTIONNAIRE**

As per guidelines issued by the Government and our registering body the ISRM, we are required to ask you to complete and sign the attached COVID-19 screening questionnaire and the updated data protection form on page 2 for every appointment you attend.

Please print off and fill out the form attached to the automatically generated email prior to attending your appointment. It will be added to your notes and re-signed with every visit.

Alternatively, the form can be electronically filled, signed and returned by email and we will print it for you. This will minimise time spent in close contact performing paper work tasks on the day.

ON THE DAY:

- **STRICT TIMINGS**

There will be 15min between appointments to allow for cleaning, airing and disinfecting.

Please be on time for your appointment rather than early as guidelines require us to prevent patients from having contact with each-other.

There will be no functional waiting room at this time. **Please also ensure that you leave the clinic room on time after your appointment is done.**

As per our standard clinic policies; If you are late, the session still falls within the scheduled appointment time. You will still need to leave on time to allow for a reasonable gap.

- **NO WAITING ROOM**

The waiting room will be empty and there will be no chairs. Patients will be required to wait at the front door to be greeted.

- **HAND SANITISING**

BEFORE ENTERING PREMISES Client and Therapist shall sanitise hands and should don face coverings.

- **TEMPERATURE SCREEN**

When you arrive we will meet you at the front door and take your temperature with a laser thermometer. Please be assured that each day prior to attending the clinic your therapist is required to do the same.

- **PAPERWORK**

For current patients we will simply need to re-sign the 'COVID-19 screening questionnaire' each time you attend.

For new patients, a full consultation with the associated paperwork will be required as normal. Depending on the complexity of your consultation and initial assessments we can no longer guarantee that there will be a significant degree of treatment performed on that same day.

New treatment programmes will now be modelled on the standard Chiropractic or Osteopathic format of first consultations proceeded by follow ups for treatment.

- **MASKS & VISOR**

Patients are advised to attend their appointment wearing their own masks and to take them away afterwards. Your therapist will also be wearing a mask for the duration.

Government guidelines for "close contact workers" stipulate that masks must be worn by both parties throughout the appointment and that the therapist will also be required to wear a visor once the appointment actually begins. Don't be alarmed, I may look like a cyberman but it is still me in there!

We will have a supply of masks in stock should you find yourself short and we do ask that you take any mask away with you for safe disposal at the end of the session.

- **TOWELS, TREATMENT GOWNS, CLOTHING AND COUCH COVERS**

There will be no towels or treatment gowns available.

Please attend dressed in suitable sports clothing, leggings or loose trousers and normal exercise tops.

Couch paper will be used as normal but we will not use couch covers. We are opting to wipe down the bench with disinfectant between each patient instead.

- **TOILET AND WATER**

The facilities will be available as normal but we ask that you bring your own drinks if required. We cannot supply you with water.

- **PAYMENT**

No cash please. Payments can be made by contactless card, our Paypal-me link or BACS if you have not already paid online via the booking system.

- **LATE CANCELLATIONS FOR FEELING UNWELL**

No cancellation fee will be charged.

- **CHAPERONES**

Due to COVID-19 restrictions we can no longer allow partners or chaperones to attend the clinic. Please arrive alone for your treatment. This means we can no longer treat under 16's.

DIRECTIONS TO THE CLINIC



RESTORE is located at 179 Monkmoor Road, SY2 5BE, next door to Severn Chiropractic.

We are near to the Police Station and almost opposite to the Post office, CO-OP and other local shops.

The clinic is a large white house just before the junction to Judith Butts Lane. Do not go down this lane there is no parking and nowhere to turn around.

We can be accessed easily from a number of main directions:

1. Coming from Shrewsbury town centre, turning left onto Monkmoor Road from the traffic lights mid-way along Abbey Foregate.

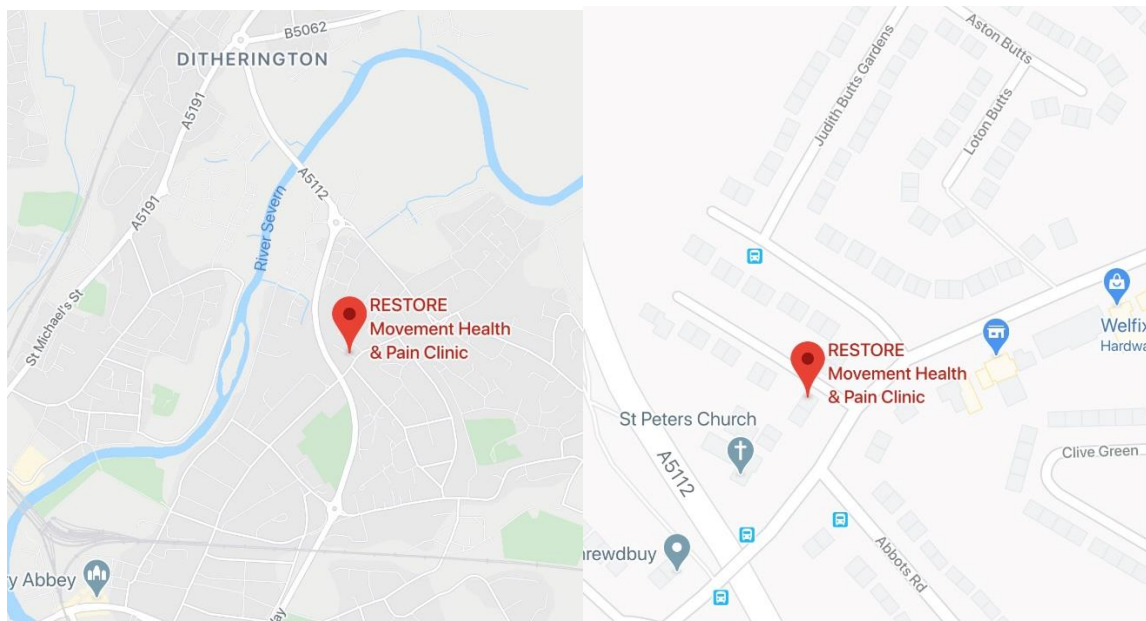
2. From the Ring Road (Bage Way A5112) By turning left at Crowmere Roundabout to gain Monkmoor Road via Racecourse Crescent (turning Right at the end). In both these first two examples the clinic will be on

your left as you head towards the police station.

3. If coming from the A49 or battlefield area pick up Woodcote Way (towards the police station) at Telford way Roundabout taking the third exit at the next island to gain Monkmoor Road. The clinic will be on your right just after you pass the Post Office, CO-OP etc... on your left.

Parking:

Ample FREE street parking can be found on Judith Butts **Gardens** and Abbots road approximately 1 minute walk from the clinic.



Please AVOID parking opposite the COOP, on Judith Butts Lane or in the parking area outside the clinic as this is reserved for Severn Chiropractic.

Video directions can be found on our YouTube channel:

<https://www.youtube.com/watch?v=8EpXOS42Y8Q>